

High Ropes

The high ropes activity at Camp Chingachgook was scary at first. The instructor made clear that fooling around would make the experience dangerous. He didn't want us to fool around. Before the counselors gave directions, I raced one of them up a hill; he won of course. It was kind of fun. As soon as we got to the top, the instructions were given. After putting on our gear we got started.

The thing that crept me out the most was going up so high on the ropes. I am scared of heights. Even though the guy kept telling me I wouldn't fall, I kept thinking I would. I felt so happy when my feet were safely on the ground. I also felt like I accomplished something that seemed challenging to me. Everyone was cheering me on. Since I overcame my fear I can do anything now. I know especially now that my comfort zone has shrunk a bit.

If it wasn't for the Chingachgook staff encouraging me I don't think I would have ever faced my fear of heights. I would like to send out a special thanks to them. I recommend this trip to people in the future because it was a nice and joyful fieldtrip, full of fun. Some good advice for people is to bring a pair of hiking boots. That was an experience of a life time.

By: Cornell

